

SPEECHQUEST.NET

August Activity Sheet

Olympic Games in the Garden or Park

Be inspired by the Olympics! Get the children outside with some Olympic-style games, and buy some chocolate coins and gift ribbon to make medals together for them. And at the same time you will be enriching their vocabulary of action words and concepts. Get balls, hoops, boxes, skipping ropes, bean bags, bikes, even the paddling pool – to make an array of activities.

Under 3's

Hold your toddler's hand to take him round the course and as you do so name the actions (verbs), e.g. Ready, Steady, Go! ...Running...Jumping...Throwing/catching...Hopping...Climbing...Crawling... Stop!

Over 3's

Instruct your child to do two actions at a time, e.g. Run round the box and jump into the hoop. Use concept words such as: In, On, Under, Through, Between, Into, Round, In the middle of, Behind, In front of, Over. And don't forget to start with the all important: Ready, Steady, Go! You can be the commentator. Then change roles, and let your child be the commentator!

Get friends and their children round and have even more fun - and don't forget the Medal Ceremony at the end!

