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February Activity Sheet

Make An “All About Me!” Poster or Photo Book

Here’s an activity idea for the cold wintry months when sometimes you just want to be indoors

You will need:

A selection of recent photos of your child, his favourite things and familiar people.

A large sheet of card and some double sided tape or Pritt Stick glue, or a small photo album.

Gather together, or take some new photos of your child and his favourite things, and familiar people. You can do a lot of this preparation together with him. Choose things such as:

- Favourite toy/s;
- Play frame/sand pit in the garden;
- Your child’s bed/bedroom and favourite teddies, or even your child in bed;
- Mummy, Daddy, siblings, other special people;
- Your child doing various things he likes, e.g. eating breakfast, playing in the bath, playing with his toys;
- Your child’s boots and outdoor wear.



If you have a digital camera, computer and printer you can do all this at home. Otherwise you will need to get any new photos developed professionally.

Make up a little photo album or wall poster using the sheet of card. Your child can help you do the sticking or making up the album. If you have a laminator you could make up a little book of your own, by laminating and hole-punching the photos and binding them into a little book with treasury tags.

Your child will love seeing himself and his special people and things in photos. Look at them together and have fun talking about them with him.

How does this help language to develop?

- ✓ Good for learning new words and consolidating known vocabulary
- ✓ Good for developing an interest in books and pictures
- ✓ Good for developing a sense of self-esteem and confidence in your child