

SPEECHQUEST.NET

September Activity Sheet

Back to School

Get ready for nursery or school with these activities

You will need:

Small pictures of items you need for school (see below)

Going back to nursery or school after the summer break is exciting but sometimes daunting – especially if it is for the first time.

These activities provide a way of talking about what happens at school and helps young children to become independent when they get ready for school in the morning.

Categorisation Games: Cut out the pictures below (or your own photos from around the house if you prefer) and lay them face down on the floor. As you take turns to turn over a picture, see if you can group e.g. all the things you wear, or all the things that go into your school bag.



Every-day Sequences: Visual timetables are a really helpful way of preparing your child for new routines and motivating them to work through these. They are frequently used in school and nursery settings so that children know what is going to happen next. They are helpful for all children, but especially when there are new routines or when children are anxious or unsure about what is going to happen next (so they can stop tantrums too!).

The fridge is an ideal surface to make up the timetable. Have 4 or 5 pictures ready e.g. a toothbrush for 'cleaning teeth', a pair of trousers for 'getting dressed', a bowl for 'eating breakfast'. Use fridge magnets to secure the pictures in order and talk through the sequence with your child. In the morning, encourage your child to look at the first picture in the sequence, once he has completed each task, he can remove the corresponding picture and move on to the next, and so on.

At Speech Quest we wish you a very happy and productive new school year!

